

# CiCi's Nutritional Info

Watch what you eat. Especially when it's good for you. CiCi's is proud to announce that 100% OF OUR MENU ITEMS CONTAIN 0 GRAMS TRANS FAT! Woo whoo! Just a little more proof of our commitment to provide guests with healthy choices that don't compromise CiCi's great taste or quality. Enjoy.

## 12" Buffet Pizzas

10 slices per pizza; Serving size equals one slice

	Calories	Protein (g)	Total Carbs (g)	Fiber (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (IU)	Sodium (mg)	Calcium (%)
12" ALFREDO	120	4	18	<1	3.5	1.5	0	5	0	270	4
12" BACON CHEDDAR	110	5	19	<1	4.5	1.5	0	5	0	340	4
12" BAR-B-QUE	150	6	25	1	2.5	1	0	5	2	380	4
12" BEEF	150	6	20	<1	4	2	0	10	4	340	6
12" CHEESE	150	6	19	<1	4	2	0	10	4	330	8
12" HAM & PINEAPPLE	150	6	21	<1	3.5	1.5	0	10	4	350	6
12" OLÉ	120	5	20	1	2.5	1	0	<5	0	290	2
12" PEPPERONI	160	6	20	<1	4.5	2	0	10	4	370	6
12" PEPPERONI & JALAPEÑO	150	6	20	<1	4.5	2	0	10	4	390	6
12" SAUSAGE	140	6	20	1	5	2	0	10	4	420	6
12" SPINACH ALFREDO	120	4	19	<1	3.5	1.5	0	5	0	270	4
12" TOMATO ALFREDO	120	4	19	<1	3	1	0	<5	0	280	4
12" ZESTY HAM & CHEDDAR	120	5	19	<1	4	1	0	5	0	340	4
12" ZESTY PEPPERONI	150	6	19	<1	6	2	0	10	0	370	6
12" ZESTY VEGGIE	130	4	20	<1	4	1	0	<5	0	320	4
12" CLASSIC CHICKEN	140	5	19	<1	5	1.5	0	10	0	350	6
12" BUFFALO CHICKEN	140	6	19	<1	4.5	1.5	0	10	0	460	4
12" MACARONI & CHEESE	170	6	29	1	3	1	0	5	0	260	4
12" HAM	150	6	19	<1	3.5	1.5	0	10	4	370	6
12" PEPPERONI FLIP	120	3	13	0	6	1.5	0	<5	0	250	0
12" DEEP DISH	170	7	19	<1	6	3	0	15	4	330	10
THIN CRUST ITALIANO (2 slices)	190	7	17	<1	11	4	0	20	4	470	10

## 15" To-Go Pizzas

10 slices per pizza; Serving size equals one slice

	Calories	Protein (g)	Total Carbs (g)	Fiber (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Vitamin A (IU)	Sodium (mg)	Calcium (%)
15" ALFREDO	170	7	23	<1	6	2.5	0	10	0	360	8
15" BAR-B-QUE	240	11	36	2	6	3	0	20	6	710	15
15" BEEF	190	9	24	1	8	3.5	0	20	4	480	15
15" CHEESE	190	7	24	<1	5	2	0	10	6	410	10
15" HAM & PINEAPPLE	200	8	24	<1	6	2.5	0	20	4	500	10
15" OLÉ	130	7	21	1	5	2	0	10	2	410	6
15" PEPPERONI	210	9	24	<1	8	3.5	0	20	4	530	10
15" PEPPERONI & JALAPEÑO	210	8	24	<1	7	3.5	0	20	4	590	10
15" SAUSAGE	220	9	25	1	8	3.5	0	20	4	590	10
15" SPINACH ALFREDO	170	6	23	<1	6	2.5	0	10	0	380	8
15" ZESTY HAM & CHEDDAR	160	8	23	<1	7	2.5	0	15	0	530	8
15" ZESTY PEPPERONI	170	7	23	<1	9	3	0	15	0	520	6
15" ZESTY VEGGIE	140	6	24	<1	6	1.5	0	5	2	400	6
15" BUFFALO CHICKEN	190	9	23	<1	7	2.5	0	20	0	670	8
15" HAM	200	8	24	<1	6	2.5	0	20	4	500	10
15" MACARONI & CHEESE	230	8	39	1	4	1.5	0	10	0	330	6